



Empowering Female War Survivors and Women in Conflict Zones

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Today, we gather to shed light on a critical issue that demands our attention and action - the empowerment of female war survivors and women in conflict zones. In the wake of unimaginable hardship and adversity, countless women around the world have demonstrated remarkable resilience and courage. However, their voices often remain unheard, their struggles overlooked. In this presentation, we aim to amplify those voices, explore the challenges they face, and discuss strategies for fostering empowerment and resilience amidst adversity. Together, let us embark on a journey towards meaningful change and solidarity with those who have endured the horrors of conflict."



**Here are some key statistics
and data points related to
empowering**

**female war survivors
and women in conflict
zones:**

1. *Displacement and Vulnerability*:



According to UNHCR, women and girls make up around 50% of any refugee, internally displaced, or stateless population, and they often face heightened risks of violence, exploitation, and marginalization in conflict settings.



2. *Education*:

UNESCO reports that conflict-affected countries have some of the lowest levels of girls' enrollment in school, with only 12% of girls in conflict-affected countries completing secondary education, compared to 24% in other low-income countries.



3. *Economic Empowerment*:

The World Bank notes that women's participation in the labor force tends to decrease during conflict, but efforts to economically empower women can have significant benefits. For example, studies show that women reinvest up to 90% of their income into their families and communities.



4. *Gender-Based Violence*:

UNICEF estimates that around 35% of women globally have experienced physical or sexual violence, and this figure is likely higher in conflict-affected areas. Conflict exacerbates the risk of gender-based violence, including rape, domestic violence, and trafficking.



5. *Political Participation*:

The Institute for Economics and Peace reports that countries with higher levels of gender equality are less likely to experience conflict. However, women remain underrepresented in peace negotiations and decision-making processes, with only 13% of negotiators and 6% of signatories in major peace processes being women.



6. *Healthcare Access*:

Women and girls in conflict zones often face barriers to accessing essential healthcare services, including reproductive healthcare.

According to UNFPA, an estimated 507 women die each day from complications related to pregnancy and childbirth in humanitarian crises and fragile settings.



7. *Psychosocial Impact*:

Conflict can have severe psychological consequences for women, including trauma, anxiety, depression, and post-traumatic stress disorder (PTSD). Studies suggest that up to 70% of women in conflict-affected areas may experience mental health issues.



8. *Legal Protection*:

The International Committee of the Red Cross (ICRC) highlights the importance of legal protection for women in conflict, including measures to prevent and address gender-based violence, ensure access to justice, and protect the rights of female survivors of war.



These data points underscore the importance of targeted interventions and support mechanisms to empower female war survivors and women in conflict zones, addressing their diverse needs across various sectors.



1: Economic empowerment:

Provide training and resources for female war survivors and women in conflict zones to develop income-generating skills such as vocational training, entrepreneurship, and access to microfinance initiatives. This can help them achieve financial independence and stability.



2: Access to education:

Ensure access to education for female survivors of war and women in conflict zones, including programs focused on literacy, job training, and leadership development. Education empowers women to contribute positively to their communities and society as a whole.



Advocate for legal rights and protections for female survivors of war and women in conflict zones, including access to justice, legal aid, and representation in legal proceedings. This helps to address issues such as gender-based violence, property rights, and child custody.

3. Legal support:

Provide psychosocial support services, including counseling and trauma healing programs, to address the psychological impact of conflict and violence on women. This can help them rebuild their lives and strengthen their resilience.

4. Psychosocial support:



Encourage and support the political participation and representation of women in conflict-affected areas, including leadership roles in peacebuilding efforts, decision-making processes, and community governance. Women's involvement in peace and security initiatives is crucial for sustainable peace and development.

5. Political participation:



Ensure access to healthcare services, including reproductive healthcare and psychosocial support, for female survivors of war and women in conflict zones. This includes addressing issues such as sexual and reproductive health, maternal health, and access to essential medicines and treatments.

6. Healthcare access:



Implement measures to prevent and respond to gender-based violence, including sexual violence, trafficking, and exploitation, in conflict-affected areas. This involves strengthening legal frameworks, providing support services for survivors, and promoting gender-sensitive approaches to security and justice.

7. Protection from gender-based violence:





Promote community engagement and awareness-raising initiatives to challenge harmful gender norms and stereotypes, and to foster support for the rights and empowerment of female survivors of war and women in conflict zones. This can involve advocacy campaigns, community dialogues, and educational programs.

8. Community engagement and awareness:



Bravery and resilience of women in Gaza:

Bravery requires: a growth mindset, resilience, vulnerability and self-compassion.



Resilience plays a role in stress-related growth. Resilient women of Gaza have tolerated stressful and complex living conditions and uncertainty more than any of us can fathom, hence they raised generations of valorous war heroes.

The bravery and resilience of women in Gaza are awe-inspiring. Despite facing immense challenges, they continue to stand strong, often taking on multiple roles to support their families and communities. Their courage in the face of adversity serves as a beacon of hope and strength for their families and future generations.

Women in Gaza demonstrate incredible courage daily, navigating through difficult circumstances with grace and determination. Their resilience in the face of adversity is a testament to their unwavering spirit and resilience. Through their actions and perseverance, they inspire hope and embody the true essence of strength and resilience.





Palestinian women exemplify resilience amidst adversity, defying hardship and oppression with unwavering determination. Despite facing systemic challenges and the harsh realities of occupation, they persist in striving for a better future, embodying strength, courage, and hope in their pursuit of justice and freedom.



As we conclude our discussion on empowering female war survivors and women in conflict zones, let us remember that the journey towards equality and justice is ongoing. Each of us has a role to play in creating a world where all women, regardless of their circumstances, can thrive and fulfill their potential. By advocating for their rights, providing support, and fostering opportunities for empowerment, we can contribute to a more just and equitable society. Together, let us continue to stand in solidarity with female war survivors and women in conflict zones, ensuring that their voices are heard, their stories are valued, and their dreams are realized. Thank you for your attention and commitment to this important cause.



اقطار عائلات فلسطينية على
ركام منازلهم المدمرة
بمبادرة كريمة من الخير
Yasser Qudih



جزاك الله خيراً

